Blomberg Rhythmic Movement Training®

Rhythmic Movement Training is a method with a capacity to help children with motor, learning, attention problems and autism, and adults with a wide variety of complaints.

The success of the method in the individual case is dependent on instructors and consultants having a thorough practical experience and theoretical understanding of the method. In order to preserve the good reputation of Blomberg Rhythmic Movement Training, Dr. Harald Blomberg has decided on the following requirements for becoming a Consultant or Instructor of BRMT.

Consultants and Instructors need to pay a yearly fee to the local BRMT Distributor and are entitled to advertise on the website of the local distributor.

BRMT Consultant Requirements

The curriculum requirement is to attend 6 courses; four required courses and two elective which students can choose according to their interests, regional class offerings and vocational orientation.

- Have a working knowledge of development – for example as a preschool-Waldorf- or Montessori-teacher, Brain Gym instructor, parent etc. or have experience of working with clients as a chiropractor, osteopath, PT, OT, SLP, kinesiologist, massage therapist, counselor, psychologist, nurse, lactation consultant etc.
- Attend **BRMT Level 1**: Blomberg Rhythmic Movement Training and Primitive Reflexes, at least once.
- Attend **BRMT Level 2**: Blomberg Rhythmic Movement Training, Emotions and Inner Leadership, the Limbic System, at least once.
- Attend **BRMT Level 3**: Blomberg Rhythmic Movement Training and Reflexes in Dyslexia, Reading and Writing Difficulties, at least once.
- Attend Blomberg Rhythmic Movement Training for **Sustainable Health, part 1** – Root Causes of Chronic Inflammation and their Impact on Reflex Integration*****, at least once.

  * Former Blomberg Rhythmic Movement Training and Diet in Autism, ADHD and other challenges.
- Attend two additional courses you can choose from the following ones:
    - Blomberg Rhythmic Movement Training in **Kindergarten / Early Years**.

    - Blomberg Rhythmic Movement Training, **Dreams**, Creativity and Inner Healing.
    - Blomberg Rhythmic Movement Training for **Pain** Management in Adults, part 1 or 2.
    - Blomberg Rhythmic Movement Training for **Exceptional Children**.
    - Blomberg Rhythmic Movement Training for **Sustainable Health, part 2** – Strategies to Support Individuals with Chronic Inflammation.
    - If these are not available you can also choose to repeat one or more of Level 1, 2 or 3.
- Write 4 case studies of clients you have followed at least 6 months, one of which on yourself, according to Case Study Format.
- Theoretical test – have successfully completed the written tests for Level 1, 2 and 3.
- Practical test.
- Sign an agreement with the local BRMT Distributor.

Updated 2025 02 20